

Cynllun Cydgysylltydd Digartref Arfon



Tŷ Silyn, Penygroes,
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✉ cydgysylltydd@gorwel.org

Mae gan Gorwel ddarpariaeth ar gyfer cefnogi unigolion a theluoedd sy'n wynebu digartrefedd yn Arfon.

Nod y gwasanaeth yw darparu gwasanaeth cefnogi mewn perthynas â thai ar gyfer pobl sengl a theluoedd 16 oed a throsodd, sydd ag anghenion aml gefnogaeth yn ardal Arfon yn unig. Bydd y gwasanaeth yn targedu'r bobl hynny sydd ag anghenion cefnogaeth uchel e.e.

- Sydd â gofal seiliedig mewn ysbyty iechyd meddwl ac sydd angen cefnogaeth i symud yn ôl i'r gymuned.
- Sydd eisoes yn byw yn y gymuned ac sydd â phroblemau iechyd meddwl
- Sydd â phroblemau anabledd dysgu lefel isel ac sydd ddim yn gymwys i dderbyn gofal statudol.
- Sydd angen cefnogaeth i ail-setlo yn eu cymuned ar ôl cael eu rhyddhau o'r carchar.
- Pobl ifanc a allai fod wedi cael perthynas wael / treisgar / tameidiog â'u teulu a allai fod wedi derbyn gofal gan yr Awdurdod Lleol.
- Pobl â hanes o fethu ag ymgysylltu'n effeithiol ag amrediad o bobl gan gynnwys pobl broffesiynol a rhwydweithiau anffurfiol.
- Pobl gydag anawsterau o ran rheoli eu deallusrwydd emosïynol i'r graddau ei fod yn effeithio ar eu cydweithrediad gydag asiantaethau.
- Pobl sy'n datgysylltu'n rheolaidd â'r ddarpariaeth gefnogi.
- Pobl sydd wedi methu â mynychu apwyntiadau yn aml neu bobl nad ydynt gartref i dderbyn cefnogaeth.
- Pobl a allai beri risg iddynt eu hunain ac eraill os nad ydynt yn cael eu cefnogi'n rheolaidd.
- Pobl sydd wedi bod yn cysgu ar y stryd.
- Pobl sydd â phroblemau o ran casglu gormod o bethau (Hoarder)
- Pobl nad oes modd i wasanaethau cyfredol fodloni eu hanghenion

Gall y math o gefnogaeth a ddarperir gynnwys:

- Cymorth gyda sgiliau bywyd a sgiliau byw'n annibynnol
- Cymorth i sefydlu cysylltiadau a gweithgareddau cymdeithasol a chymunedol
- Cynorthwyo gyda rheoli cyllid ac uchafu incwm, llunio a chadw at gyllideb a hawlio budd-daliadau lles.
- Cymorth i ymateb i faterion tai a chadw tenantiaeth
- Cymorth i fanteisio ar gyfleoedd addysg, hyfforddiant a chyflogaeth
- Cefnogaeth i fynychu cyfarfodydd gydag asiantaethau allanol.
- Cyngor a chefnogaeth i ddilyn ffordd o fyw iach ac egniol
- Cefnogaeth i wella ansawdd bywyd a llesiant.
- Cyfeirio at wasanaethau eraill lle bo'n briodol.

Pwy sy'n darparu'r gwasanaeth?

Darperir y cynlluniau gan Gorwel, sy'n darparu gwasanaethau cefnogi i bobl fregus. Mae Gorwel yn rhan o Grŵp Cynefin.

Pwy sy'n ariannu'r gwasanaeth?

Ariennir y cynllun hwn gan Dim Cefnogi Pobl, Cyngor Gwynedd.

Cysylltu â ni

Am fwy o wybodaeth cysylltwch â Swyddfa Gorwel

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neu e-bostiwch

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**Tŷ Silyn,
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Arfon's Homeless Liaison Scheme



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Gorwel has a scheme for supporting individuals and families facing homelessness in Arfon.

The aim of the scheme is to provide housing related support service for single people and families aged 16+, who have multiple support needs in the Arfon area only. The service will target those people who have high support needs i.e.

- Have mental health hospital based care and who require support to move back into the community.
- Who already live in the community and have mental health issues.
- Have low level learning disability issues and are not eligible to statutory care.
- Require support to re-settle into their community following release from prison.
- Young people who may have had poor / abusive / fragmented relationships with family and may have been cared for by the local authority.
- Have a history of being unable to effectively engage with a variety of people including professionals and informal networks.
- Have difficulties in managing their emotional intelligence to an extent that it affects co-operation with agencies.
- Have repeatedly disengaged with support provision.
- Have frequently failed to attend appointments or not at home to receive support.
- Could pose a risk to themselves and others if not regularly supported.
- Have been rough sleepers.
- Have issues with Hoarding.
- Are not able to have their needs met by existing services

The type of support provided can include:

- Support with life skills and independent living skills
- Support with establishing contacts and social and communal activities
- Support to manage finances and maximise income, to draw up budget plans and claim welfare benefits
- Support in responding to housing issues and maintaining a tenancy
- Support to access education, training and employment opportunities
- Support to attend meetings with external agencies
- Advice and support to lead a healthy and active lifestyle
- Support to improve the quality of life and well-being
- Referral to other services where appropriate

Who provides the service?

The schemes are provided by Gorwel, which provides support services to vulnerable people. Gorwel is part of Grŵp Cynefin.

Who finances the service?

This scheme is funded by the Supporting People Team, Gwynedd Council.

Contact us

For more information, please contact Gorwel's office on **01758 703087**

or e-mail

cydgysylltydd@gorwel.org

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